



Montville Recreation Department's  
**TENNIS LESSONS**  
**Indoor Tennis & Fitness Program**



**WHO:** Ages 5–17 and Adults, Ages 18 & up (Beginner, Advanced Beginner, Intermediate & Advanced Classes)

**Ability Level Descriptions:**

**Beginner** - Taken some or no lessons. Not yet able to hit consistently over the net.

**Advanced Beginner** - Taken lessons regularly for several years. Able to hit shots over the net consistently utilizing good fundamental form.

**Intermediate** - Taken lessons for many years, practice and play regularly. Able to serve, rally, play points control shot direction, placement & spin.

**Advanced** - Varsity-level or locally competitive players with many years of lessons and competitive play experience. Able to formulate and execute strategies and tactics during match play.

**WHAT:** FUN FITNESS—Our goal is to teach basic tennis fundamentals in a fast-paced fun environment to help our students become well conditioned, competent tennis players for life!

**PLEASE BRING:** Racquet. Sneakers. Shorts or Sweats. Water. Smiles!

**LOBBY ACCESS/VIEWING PROTOCOLS for Children's Classes:**

Please arrive close to your start time & wait outside for Pros to escort the kids in. Once the kids are in, you may enter to enjoy watching (one parent per household please). Exit the lobby prior to the class ending & wait outside for Pros to escort the kids out. THANK YOU!

**WHEN:**

SESSION	AGES	LEVEL	DAY	DATES	TIMES	COST
1	Adults/18 & up	Advanced Beginner	Saturdays	July 8—August 26	9:00am-9:55am	\$260—8 weeks
2	Adults/18 & up	Intermediate	Saturdays	July 8—August 26	9:00am-9:55am	\$260—8 weeks
3	Ages 5-8	Beginner, Advanced Beginner & Intermediate	Saturdays	July 8—August 26	10:00am-10:55am	\$260—8 weeks
4	Ages 9-12	Beginner, Advanced Beginner & Intermediate	Saturdays	July 8—August 26	11:00am-11:55am	\$260—8 weeks
5	Ages 13-17	Beginner, Advanced Beginner & Intermediate	Saturdays	July 8—August 26	12:00pm-12:55pm	\$260—8 weeks
6	Ages 5-8	Beginner, Advanced Beginner & Intermediate	Mondays	July 10—August 21	4:30-5:25pm	\$230—7 weeks
7	Ages 9-12	Beginner, Advanced Beginner & Intermediate	Mondays	July 10—August 21	5:30-6:25pm	\$230—7 weeks
8	Ages 13-17	Beginner, Advanced Beginner & Intermediate	Mondays	July 10—August 21	6:30-7:25pm	\$230—7 weeks
9	Adults/18 & up	Beginner	Tuesdays	July 11—August 22	6:00-7:00pm	\$230—7 weeks
10	Adults/18 & up	Advanced	Tuesdays	July 11—August 22	7:00-8:30pm	\$325—7 weeks
11	Ages 9-12	Advanced Beginner	Thursdays	July 6—August 24	5:00-5:55pm	\$260—8 weeks
12	Adults/18 & up	Beginner	Thursdays	July 6—August 24	6:00-7:00pm	\$260—8 weeks
13	Adults/18 & up	Advanced Beginner	Thursdays	July 6—August 24	7:00-8:00pm	\$260—8 weeks

**\*\*\* REGISTRATION DEADLINE is Thursday, June 22nd @ 12pm!!!  
 CLASS SIZE IS VERY LIMITED!!! FIRST COME, FIRST SERVE!!! \*\*\***

**WHERE:** The Knoll Indoor Tennis Club, 1130 Knoll Road, Lake Hiawatha, NJ 07034. 973-335-6200.

**INSTRUCTORS:** Mitch Rubenstein (PTR certified instructor) and his team of coaches.

**FEE:** See Chart Above. **NOTE:** There will be a \$20.00 processing fee for program refunds PRIOR to program start!  
**NOTE:** No refunds, credits, or makeups for classes you miss!

**PAYABLE TO:** Montville Recreation (located at 195 Change Bridge Road in Montville)

**REGISTRATION PROCEDURES:**

- In Person at Rec Desk Kiosk during office hours of Monday through Friday: 8:30am to 4:30pm.  
 (Check, Cash with No Fees and/or Credit Card with a 3% Fee)
- On-Line from Home (Echeck with 1% Fee OR Credit Card with 3% Fee)

**OR** 3. Payment Drop Box in Municipal Building's Parking Lot (Check Only....must have family page set up on Community Pass)

For On-Line Registration !!! Go to the town's website at: <http://www.montvillenj.org/RecRegistration>



Download Registration Forms go to: <http://www.montvillenj.org/RecFlyer>



**CLASS SIZE IS LIMITED !!! FIRST COME, FIRST SERVE !!!**

**QUESTIONS ??? Call Recreation: (973) 331-3305 OR Visit our Website: [www.montvillenj.org](http://www.montvillenj.org)**

**LIKE us on FACEBOOK at: <https://www.facebook.com/Montvillerec/>**

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**TENNIS LESSONS (Indoor) — Summer 2023**

**\*\*NOTE: If coming to the Rec Dept, you will register directly on the Kiosk at the Rec Desk. No need to fill out paperwork!**

Participant Name \_\_\_\_\_ Age \_\_\_\_\_ D/O/B \_\_\_\_\_ Grade \_\_\_\_\_ School \_\_\_\_\_

**OR**  
 Adult Participant \_\_\_\_\_ Age \_\_\_\_\_ D/O/B \_\_\_\_\_ Cell Phone \_\_\_\_\_

Address \_\_\_\_\_ Town \_\_\_\_\_ Home Phone \_\_\_\_\_

Primary Contact Name/Relation/Cell Phone # \_\_\_\_\_

Secondary Contact Name/Relation/Cell Phone # \_\_\_\_\_

E-Mail/s (Please print clearly! Distinguish b/w letters & numbers!) \_\_\_\_\_

Emergency Name & Phone # (IF the above cannot be reached) \_\_\_\_\_

**INDICATE SESSION NUMBER/S:**    1    2    3    4    5    6    7    8    9    10    11    12    13

Please list any special needs that you or your child may have that will assist us in providing a successful experience:

I understand that the Recreation Department **DOES NOT** provide accident insurance.  
 If under 18 years of age, my child has my permission to participate in this class.

Parent/Guardian **OR** Participant Signature (If over 18 yrs) \_\_\_\_\_ Date \_\_\_\_\_

**FOR OFFICE USE (5/22/23):** Fee Paid \_\_\_\_\_ Cash \_\_\_\_\_ Check \_\_\_\_\_ Date \_\_\_\_\_ Received By \_\_\_\_\_ **Program # 845**