

Press Release - First Case of 2019 Coronavirus (COVID-19) in Montville Township

The Montville Township Health Department has been notified of its first presumed positive case of COVID-19 in Montville Township.

All appropriate precautions and protocols regarding monitoring and tracking are in place and are being followed. The individual in question is under isolation from the public, and is being continuously monitored by the Montville Township Health Department as per NJDOH and CDC requirements to ensure compliance with all local, county, and state protocols. We will continue to update the public regularly regarding the status of cases within Montville Township.

Currently, there is no vaccination for COVID-19. The Montville Township Health Department is encouraging all residents to take simple precautions to protect themselves and others from respiratory illness:

- Stay home if you are sick, and limit close contact with people who are sick.
- Wash your hands often with soap and water, and rub with soap for at least 20 seconds. If soap and water are not readily available, use a commercially-prepared alcohol-based hand sanitizer with at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth.
- Avoid handshakes. Instead, wave hello, or try an elbow bump.
- Clean and disinfect frequently touched objects and surfaces.
- Cover or sneeze into your elbow, or into a tissue, then throw the tissue in the trash. Do not cough or sneeze directly into your hands.
- Get a flu shot to prevent the flu if you have not done so this season.

The risk of serious health outcomes remains low to the general public, with the exception of the elderly and those with underlying chronic health conditions. Although the risk of serious health outcomes is low, the risk of exposure is high because this is a new disease, and our population does not have immunity against it. Reducing the spread of COVID-19 and keeping the number of cases as low as possible will help to protect both our most vulnerable populations, and the response capacity of our healthcare systems. Accordingly, we encourage everyone to follow social distancing directives.

If a person is experiencing symptoms of COVID-19, which include fever, cough and shortness of breath, they should remain in their home and call their healthcare provider prior to visiting the hospital or a healthcare setting.

For more information on COVID-19, visit:

The New Jersey Department of Health website
<https://www.nj.gov/health/cd/topics/ncov.shtml>

Centers for Disease Control and Prevention
<https://www.cdc.gov/coronavirus/2019-nCoV/summary.html>

Montville Township Health Department's COVID-19 page:
<https://montvillenj.org/402/COVID-19>

NJ 24/7 COVID-19 Public Hotline:
1-800-222-1222
1-800-962-1253 (non-NJ cell phones)